## **Cross Roads "To-Bring" List for Attendees**

All of us at Cross Roads Camp and Retreat Center look forward to having you retreat with us! To be fully prepared, please use the following list to help in packing. Remember that the weather can change quickly, so be sure to pack clothes for cool weather even if it has been warm out.

Item		Need	Have	Packed
Comfortable Casual Clothing				
Raingear (poncho or rain jacket)				
Jacket				
Toothbrush & toothpaste				
Soap				
Shampoo				
Any other personal bathroom items				
Towel				
Sleeping Bag (or sheets & blanket)				
Pillow				
Flashlight				
Other:				
Other:				
Item		Did NOT Pack		
Illegal substances (alcohol, drugs, etc.)				
Pets				
Knives/weapons				
CROSS ROADS OUTDOOR MINISTRIES YOUTH PERMISSION FORM				
I give permission for to	attend the			
Name of Youth	_	Pr	ogram or Gr	oup Name
Retreat at CROSS ROADS OUTDOOR MINISTRIES on		<u>.</u>		
	Date			
I give my permission for necessary medical treatment while at or traveling to or from CROSS ROADS OUTDOOR MINISTRIES. I also give my permission for my child to participate in the Ropes Challenge Course, if applicable. I will not hold the camp responsible for conditions beyond their control. I understand that my medical insurance will be the primary coverage for my child. In case of emergency, parents will be notified. My child will follow the rules of the camp and the directions of the staff.				
Signature Phone(s):				_ Date
Address	City/State/Zip			
Health Ins. Co.	Group or ID#			

Please list any medications, allergies, or special medical conditions we should be aware of at camp: